

Impact Church – Bay Area



21 Days of Intimacy with God

A Prayer Devotional

Day 1 Humility

Read Psalm 51:1-19

Psalm 51:17 The sacrifices of God are a broken spirit, A broken and a contrite heart- These, O God, You will not despise.

King David wrote Psalm 51 after devastating events happened in his life. He participated in an adulterous relationship with Bathsheba, and later had her husband killed. In broken contrition, David prayed to God.

**Are you currently having trouble?
Have you made bad choices lately?**

Psalm 34:18 The Lord is near to those who have a broken heart And saves such as have a contrite spirit.

Sometimes when devastating events occur, it breaks our heart and spirit. When in this humble position, God wants us to look to Him for healing, guidance, and restoration.

Come to the Lord in Humility.

Isaiah 57:15 For thus says the High and Lofty One Who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, With him who has a contrite and humble spirit, To revive the spirit of the humble, And to revive the heart of the contrite ones.

Additional Reading

Lk 14:7-11; Lk 18:9-14.

Humility

Father, I submit to You the following issues:

Prayer Focus

- Personal Prayer
 - For an attitude of humility
 - That I would submit to Your Spirit
 - That I would prioritize Your Word in my life

- My Church
 - Our leadership
 - Our discipleship
 - Our provision

- My Community
 - My Neighbors
 - City and Local Government
 - Outreach Opportunities

- My Nation
 - Governmental Officials
 - Spiritual Revival
 - Peace and Order

Fasting Tip

Be aware of God's supernatural power in you today. Trust in His grace during the fast. He can keep you!

Day 2 Sanctification

Read 1 Cor 6:9-11

1 Cor 6:11 And such were some of you. But you were washed, but you were sanctified, but you were justified in the name of the Lord Jesus and by the Spirit of our God.

Sanctification is the process of renewal and consecration by which believers are made holy through the work of the Holy Spirit.

Are you living to please God?

Do your habits reflect the process of sanctification?

Sanctification also means "to set apart." God has set you apart to glorify Him. You have been sanctified by the Holy Spirit, disabling the power of sin in your life. You have been made holy.

Hebrews 2:11 For both He who sanctifies and those who are being sanctified are all of one, for which reason He is not ashamed to call them brethren.

Additional Reading

Ex 31:1-11.

Sanctification

Father, cleans me from:

Prayer Focus

- Personal Prayer
 - Lord cleans my heart.
 - That I would guard my thought life.
 - That I would learn my purpose.

- My Church
 - Our leadership
 - Our discipleship
 - Our provision

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Fasting Tip

Rest as often as you can.

Day 3 Confession

Read 1 John 1:5-10

1 John 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

The Bible word for "confession" means to "say the same thing," not to deny, and so to admit or declare one's self guilty of what he or she is accused. To confess sin to God means to admit it and forsake it.

**Can you really keep sin hidden from God?
What do you need to confess to God?**

Psalm 32:5 I acknowledged my sin to You, And my iniquity I have not hidden. I said, "I will confess my transgressions to the Lord," And You forgave the iniquity of my sin. Selah

Confession is God's prescription for healing and wellness.

James 5:16 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

God does not hold our sins against us when we confess them to Him. He is a loving, forgiving father who delights when we come clean.

Proverbs 28:13 He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy.

Additional Reading

Josh 7:1-26; 2 Sam. 12:13; Isaiah 38:17; Heb. 9:26.

Confession

Father, I confess the following to You:

Prayer Focus

- Personal
 - That You would reveal hidden sin in my life
 - That I would confess all sin to You
 - That I would seek forgiveness from others

- My Church
 - Our leadership
 - Our discipleship
 - Our provision

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Fasting Tip

Exercise lightly and drink plenty of water.

Day 4 Repentance

Read 2 Cor 7:8-10

2 Corinthians 7:10 For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death.

The word "repent" means to turn from sin. God desires that all men turn from sin to Him. Each day is a new day to turn to God.

From what do you need to turn away?

God is good, and we discover His goodness when we seek Him. In fact, many people think God's pending judgment causes many to repent, but it is His goodness that leads us to repentance.

Romans 2:4 Or do you despise the riches of His goodness, forbearance, and longsuffering, not knowing that the goodness of God leads you to repentance?

Jesus came to give us an opportunity to repent, to turn to God.

Luke 5:32 I have not come to call the righteous, but sinners, to repentance."

Additional Reading

Jonah 3:1-10.

Repentance

Father, I repent from the following and turn to You:

Prayer Focus

- Personal
 - That You strengthen me in my inner man
 - That I would turn from unpleasing behavior
 - That I would seek Your instruction for my life

- My Church
 - Our leadership
 - Our discipleship
 - Our provision

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Fasting Tip

Keep a daily schedule that includes specific times for prayer, meditation on the word, and water or tea consumption.

Day 5 Devotion

Read Psalms 5:1-3

Psalm 5:3 My voice You shall hear in the morning, O LORD;
In the morning I will direct it to You, And I will look up.

Devotion involves committing yourself to a purpose, cause, or person. When considering God, devotion is more than a time of bible reading and prayer. Devotion is a full commitment to seeking God and growing in your relationship with Him. "Devotion is not an activity; it is an attitude toward God."

What is your attitude toward God?

Are you devoted to Him?

The apostle Paul had a deep desire to know Jesus intimately. He devoted himself to learning more about Christ. The bible reveals Paul was content with losing everything to gain Christ.

Philippians 3:7 But what things were gain to me, these I have counted loss for Christ. 8 Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ.

Additional Reading

1 Kings 8:54-61; Philippians 3:1-11.

Devotion

Father, I devote myself to you in the following ways:

Prayer Focus

- Personal
 - That I would set a specific time for prayer and bible reading
 - That I would focus on spiritual growth
 - That I would explore new ways to serve

- My Church
 - Our leadership
 - Our discipleship
 - Our provision

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Fasting Tip

Listen to worship music during your down time.

Day 6 Dedication

Read Romans 12:1-12

Romans 12:1 I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.

Dedication refers to one being dedicated or consecrated to the service of God. The chicken said to the pig, "let's have breakfast, I'll lay some eggs and you can provide the bacon." The pig said, "It is natural for you to lay eggs, but it's a total sacrifice for me to give bacon."

**Do you call on God only when you need Him?
Or are you dedicated to God and His purpose?**

Dedication is the single-minded devoting of a person, object or action to the honor of God. Personal dedication always involves giving of self to a cause. God promises a good outcome to everyone who is dedicated to Him.

Romans 8:28 And we know that all things work together for good to those who love God, to those who are the called according to His purpose.

Additional Reading

1 Sam 1:1-28; Numbers 7:10-88.

Dedication

Father, I dedicate the following to you:

Prayer Focus

- Personal
 - That You would increase my faith
 - That I would give to the work of my church
 - That I would explore a volunteer opportunity at my church

- My Church
 - Our leadership
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Fasting Tip

Avoid obsessing over food. Plan activities such as catching up on paperwork or cleaning to avoid thinking about food.

Day 7 Worship

Read Rev. 4:1-11

Revelation 4:11 "You are worthy, O Lord, To receive glory and honor and power; For You created all things, And by Your will they exist and were created."

To worship means to prostrate oneself before another to do him honor and reverence. It involves a person falling upon the knees and touching the forehead to the ground. God is Almighty Creator; He deserves the worth that we ascribe to Him, for there is no other like Him.

Is there anything you honor more than God?
How does God view your worship?

Worship is the human response to the self-revelation of the triune God. This includes: divine initiation in which God reveals Himself, His purposes, and His will; a spiritual and personal relationship with God through Jesus Christ on the part of the worshiper; and a response by the worshiper of adoration, humility, submission, and obedience to God."

The angels understand the act of worship, for they celebrate God continually.

Rev 4:8 And they do not rest day or night, saying: "Holy, holy, holy, Lord God Almighty, Who was and is and is to come!"

Additional Reading

Isaiah 6:1-6.

Worship

Father, I will worship You in the following ways:

Prayer Focus

- Personal
 - That I would grow in worship of You
 - That I would honor Your word
 - That I would regularly attend church

- My Church
 - Our leadership
 - Our discipleship
 - Our provision

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Fasting Tip

Avoid strenuous activities. Light exercise can help you feel better. Go for a walk.

Day 8 Humility

Read Philippians 2:5-11

Philippians 2:8 And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross.

These days, people think humility reveals weakness. However, the Bible clearly states without it you cannot please God. Jesus gave us an example of humility by His obedience to the will of the Father. Humility is not displayed in weakness but in meekness (power under control).

**In what ways do you display humility?
How do you view submission and obedience?**

God wants believers to be submissive to one another, not lifted up in pride. Humility is necessary to execute the purpose of God. For He cannot use the proud, they will not submit to His will.

1 Peter 5:5 ... Yes, all of you be submissive to one another, and be clothed with humility, for "God resists the proud, But gives grace to the humble."

Additional Reading

John 13:3-17; Col. 3:18-25.

Humility

Father, I submit to You in the following areas:

Prayer Focus

- Personal Prayer
 - For an attitude of humility
 - That I would submit to Your Spirit
 - That I would evaluate my submission to others

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 - Our leadership
 - Our discipleship
 - Our provision

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Fasting Tip

Trust in God's supernatural power in you today. Pray each time you think about food. He will strengthen you!

Day 9 Sanctification

Read 1 Thess. 4:1-8

1 Thess. 4:3 It is God's will that you should be sanctified: that you should avoid sexual immorality.

Holiness sounds like an old-fashioned term, but it is still required of God's people. We are sanctified by the Spirit of God to live holy. The source of our Holiness is the Holy Spirit. As you are filled with the Holy Spirit on a regular basis you will live in Holiness.

Galatians 5:16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

**Are you living in His Holiness?
Are you in control of your body?**

The major influence in your life should be the influence of the Holy Spirit.

And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, Eph. 5:18.

Additional Reading

Gal 5:16-26.

Sanctification

Father, cleanse me from:

Prayer Focus

- Personal Prayer
 - That I would have victory over fleshly desire.
 - That I would guard my thought life.
 - That I would be aware of sin.

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Fasting Tip

Sing songs during devotions for worship and energy.

Day 10 Confession

Read Acts 16:16-40

Acts 16:30 And he brought them out and said, "Sirs, what must I do to be saved?"

The apostle Paul, with his companion Silas, was thrown into prison. They decided to pray and worship God. These two men who confessed Christ, were not discouraged by their situation. They stood on the confession of faith in God and trusted Him for the outcome.

Does your confession of faith display complete trust in God in even the darkest circumstances?

As you are obedient to God, His Holy Spirit governs your life and behavior. What you say coupled with what you do expresses your confession of faith.

All the prisoners saw the events that happened around Paul and Silas. The jailer saw also and asked, "What must I do to be saved"?

To whom do you confess God?

1 Timothy 6:12 Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses.

Additional Reading

Dan 3:1-30; Luke 12:8.

Confession

Father, to whom do I need to confess my faith?

Prayer Focus

- Personal
 - That I would be courageous with my faith
 - That I would confess you to others
 - That I would not compromise under pressure

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Fasting Tip

Drink natural juices and broth from fresh vegetables.

Day 11 Repentance

Read Luke 15:11-32

Luke 15:18 I will arise and go to my father, and will say to him, "Father, I have sinned against heaven and before you.

Repent - to turn. In Luke, the prodigal son repented from his rebellious living and returned to his father. He confessed his offense. Sometimes repentance includes turning from wrong to God, and going to those you have offended, and confession your offense.

Of whom do you need to ask forgiveness?

Many people repent to God and think that is good enough, but God requires more when you have offended someone else.

Matthew 5:23 Therefore if you bring your gift to the altar, and there remember that your brother has something against you,²⁴ leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift.

At the end of repentance is forgiveness from God.
Is it the same with you?

2 Corinthians 2:10 Now whom you forgive anything, I also forgive. For if indeed I have forgiven anything, I have forgiven that one for your sakes in the presence of Christ.

Additional Reading

1 Sam 25:4-42; Philemon; 1 Cor 5:1-13.

Repentance

Father, I repent from the following and turn to You:

Prayer Focus

- Personal
 - That You would heal my heart
 - That I would forgive others
 - That I would turn from unpleasing behavior

- My Church
 - Our leadership
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Fasting Tip

Pray for encouragement from God when tempted to eat.

Day 12 Devotion

Read Psalm 63:1-11

Psalm 63:6 When I remember You on my bed, I meditate on You in the night watches. 7 Because You have been my help, therefore, in the shadow of Your wings I will rejoice.

It is common for people to spend time with God in morning devotions. However, the psalmist shows us that spending time with God in His word at night is beneficial as well. The best way to feel complete at the end of a day is to spend the final evening moments with God. Remember, devotion is an attitude.

**Is intimacy with God your desire?
Have you committed to Him?**

Fellowship with God is what your soul needs. A day out of touch with Him can cause anxiety, leading to insomnia. End each night review the mighty workings of God and allow Him to give you rest.

Proverbs 3:24 When you lie down, you will not be afraid; Yes, you will lie down and your sleep will be sweet. 25 Do not be afraid of sudden terror, Nor of trouble from the wicked when it comes; 26 For the Lord will be your confidence, And will keep your foot from being caught.

Additional Reading

Psalm 119:90-176.

Devotion

Father, I devote myself to you in the following ways:

Prayer Focus

- Personal
 - That I would learn to meditate on Your word
 - That I would focus on spiritual growth
 - That I would explore new ways to serve

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Fasting Tip

Fasting can cause discomfort making you irritable so keep good watch over your temperament.

Day 13 Dedication

Read 1 Cor 9:19-27

1 Cor 9:24 Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it.

Olympic athletes are dedicated to a training routine that includes extreme conditioning. They have a special diet, wear special gear, and sometimes have a special place to rest and sleep. They are dedicated to be the best athletes they can be in order to win. They want to be winners!

**Are you a winner when it comes to God?
Are you a winner in your home?
Are you a winner in your church?**

To become a winner, you must do the things necessary to win. You must fully dedicate yourself to God's plan.

1 Cor 9:26-27 Therefore, I run thus: not with uncertainty. Thus, I fight: not as one who beats the air.

Additional Reading

1 Kings 8:22-53; Psalm 30:1-12

Dedication

Father, I dedicate myself to you in these ways:

Prayer Focus

- Personal
 - That You would increase my faith
 - That I would focus on _____
 - That I would trust Your work in me to succeed

- My Church
 - Our leadership
 - Our discipleship
 - Our provision

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Fasting Tip

Be discreet about your fast. It is not necessary to tell everyone what you are doing. God will reward you.

Day 14 Worship

Read Psalm 100

Psalm 100:4 Enter into His gates with thanksgiving, And into His courts with praise. Be thankful to Him and bless His name.

The ultimate act of fellowship between God and man occurs when man worships God. For man was created to enjoy fellowship with God (1 John 1:3).

John 14:20 At that day you will know that I am in My Father, and you in Me, and I in you.

Times of corporate and private worship bring joy to your spirit.

Psalm 16:11 You will show me the path of life; In Your presence is fullness of joy; At Your right hand are pleasures forevermore.

Are you a worshipper of God?

Man's spirit yearns to commune with God and God loves to commune with man.

Additional Reading

Psalm 118:1-29; Rev. 5:11-14.

Worship

Father, I will worship You in the following ways:

Prayer Focus

- Personal
 - That I would grow in worship of You
 - That I would honor Your word
 - That I would regularly attend church

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Fasting Tip

Be aware that you may encounter opposition from the devil. Don't give in. Continue your fast, God will strengthen you.

Day 15 Humility

Read Rom 13:1-7

Romans 13:1 Let every soul be subject to the governing authorities. For there is no authority except from God, and the authorities that exist are appointed by God.

God established authority and leadership. He fulfills His plan as His people willfully pray for and submit to authorities.

"Submit is the kind of submission which soldiers render to their officers. It implies 'subordination;' a willingness to occupy our proper place, to yield to the authority of those over us."

**Are you submissive to God?
Are you submissive to God's leaders?**

Heb. 13:17 Obey those who rule over you, and be submissive, for they watch out for your souls, as those who must give account. Let them do so with joy and not with grief, for that would be unprofitable for you.

Additional Reading

1 Cor 16:15-23; Eph. 5:22-33.

Humility

Father, I submit to You the following issues:

Prayer Focus

- Personal Prayer
 - For an attitude of humility
 - That I would submit to Your Spirit
 - That I would respond to others in humility

- My Church
 - Our leadership
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Fasting Tip

Expect spiritual opposition. Focus on additional scripture reading as you fast.

Day 16 Sanctification

Read 1 Cor 6:9-11

1 Cor 1:2 To the church of God which is at Corinth, to those who are sanctified in Christ Jesus, called to be saints, with all who in every place call on the name of Jesus Christ our Lord, both theirs and ours.

People think the saints are people who have had great ministries, serving people all over the world. While that may be some people's idea of a saint, the bible teaches a saint is a "sanctified" person, one who has been made holy. The Holy Spirit of God sanctifies people when they confess Christ as Lord.

**If you are saved you're saints.
If you are not saved you're aints.**

God has "called" you to be a saint. Live like a saint.

To all who are in Rome, beloved of God, called to be saints:
Grace to you and peace from God our Father and the Lord Jesus Christ. Rom 1:7.

Additional Reading
Eph. 1:1-22; Eph. 4:1-6.

Sanctification

Father, cleans me from:

Prayer Focus

- Personal Prayer
 - That I would display Your holiness
 - That I would guard my thought life
 - That I would fight against sinning

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Fasting Tip

Drink water or juice when you feel hungry.

Day 17 Confession

Read 1 Tim 6:11-16

1 Timothy 6:12 Fight the good fight of faith, lay hold on eternal life, to which you were also called and have confessed the good confession in the presence of many witnesses.

The confession of faith in Christ is the good confession. You can stand on it; its solid as a rock. Some people are afraid to declare Christ to others. The apostle Peter was afraid at one time, but later proclaimed faith in Christ to multitudes.

Are you standing on your confession?

Jesus gives us a warning.

"Therefore, whoever confesses Me before men, him I will also confess before My Father who is in heaven. But whoever denies Me before men, him I will also deny before My Father who is in heaven. (Matt 10:32-33)

The good confession saves your soul.

Romans 10:9-10 that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

Additional Reading

1 Jn 4:12-16; Luke 6:47-49.

Confession

Father, I confess the following to You:

Prayer Focus

- Personal
 - That I would boldly confess my faith
 - That I would seek opportunities to encourage others
 - That I would be ready to give a reason for my hope

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Fasting Tip

Drink natural juices that are not from concentrate, and broth from fresh vegetables.

Day 18 Repentance

Read 1 Cor 5:1-13

2 Peter 3:9 The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance.

Repent - to turn. Repentance is an action that starts in the heart and is fulfilled in the body. Even though God is just, He is also compassionate, waiting for people to repent.

Isaiah 30:18 Therefore the Lord will wait, that He may be gracious to you; And therefore, He will be exalted, that He may have mercy on you. For the Lord is a God of justice; Blessed are all those who wait for Him.

Have you truly repented?

How have you responded to God's call for repentance?

Ezekiel 33:11 ... 'As I live,' says the Lord God, 'I have no pleasure in the death of the wicked, but that the wicked turn from his way and live. Turn, turn from your evil ways! For why should you die, O house of Israel?'

Additional Reading

2 Sam 12:1-15.

Repentance

Father, I repent from the following and turn to You:

Prayer Focus

- Personal
 - That You strengthen me in my inner man
 - That I would turn from unpleasing behavior
 - That I would seek Your instruction for my life

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Fasting Tip

Thank God for His ability to sustain you during the fast and rely on His power.

Day 19 Devotion

Read Acts 6:1-7

Acts 6:4 but we will give ourselves continually to prayer and to the ministry of the word."

We use the term "multitasking" which is performing multiple tasks simultaneously. With so many things to do and so little time, people multitask out of habit. However, believers must devote themselves to the word and prayer un-hindered by other tasks.

Have you designated special time for prayer and the word?

The time you devote to prayer and the word will make a difference in your walk of faith.

Acts 6:7 Then the word of God spread, and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Additional Reading

Acts 2:42-47; Psalm 37:1-11.

Devotion

Father, I devote myself to you in the following ways:

Prayer Focus

- Personal
 - That I would set a specific time for prayer and bible reading
 - That I would focus on spiritual growth
 - That I would explore new ways to serve

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Fasting Tip

Sing songs during devotions for worship and energy.

Day 20 Dedication

Read Neh. 4:1-22

Nehemiah 4:6 So we built the wall, and the entire wall was joined together up to half its height, for the people had a mind to work.

It is amazing what people can accomplish when they work together. What is even more amazing is what spirit filled people can do when they are working together to fulfill God's plan.

God has set you in the local church to fulfill His plan for the ministry (1 Cor 12:18). Your dedication to God is seen through your dedication in His church.

**Are you dedicated to your local church?
What is the evidence of your dedication?**

The apostle James said that your faith in God is demonstrated by doing work that He has given you to do. If there are no works, your faith is dead.

But do you want to know, O foolish man, that faith without works is dead? James 2:20

Additional Reading
Rom 12:3-21; Eph 4:7-16.

Dedication

Father, I dedicate the following to you:

Prayer Focus

- Personal
 - That You would increase my faith
 - That I would give to the work of my church
 - That I would explore a volunteer opportunity at my church

- My Church
 - Our leadership
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Fasting Tip

Stay hydrated. Drink plenty of water and calorie-free drinks such as herbal teas throughout the day.

Day 21 Worship

Read Heb 1:1-14

Hebrews 1:8 But to the Son He says: "Your throne, O God, is forever and ever; A scepter of righteousness is the scepter of Your kingdom.

Have you ever seen God worship? I know you haven't, but the bible gives us a glimpse of God the Father ascribing worth to the Son. Not all people believe that Jesus is God, which is unfortunate for them.

But God declares it, for He says, "And: You, LORD, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands. They will perish, but You remain; And they will all grow old like a garment;" Heb 1:10-11.

Is Jesus your Lord?

Holy, Holy, Holy Lord God almighty, which was and is, and is to come. God the Father, God the Son, God the Holy Spirit these three are one.

Additional Reading

Isaiah 9:6-7.

Worship

Father, I will worship You in the following ways:

Prayer Focus

- Personal
 - That I would grow in worship of You
 - That I would honor Your word
 - That I would regularly attend church

- My Church
 - Our leadership
 - Our discipleship
 - Our provision

- My Community
 - My Neighbors
 - City and Local Government
 - Outreach Opportunities

- My Nation
 - Governmental Officials
 - Spiritual Revival
 - Peace and Order

Fasting Tip

Make sure to break your fast with broth, soups, and other liquid and soft foods.

21 Days of Intimacy with God

Dear friends,

It is my prayer that you have learned more about God during this fast. The benefits of spending time with God in this manner are innumerable. You have sown quality time into your relationship with God, and He has promised to "reward you openly."

Matthew 6:17 But you, when you fast, anoint your head and wash your face, 18 so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

So, expect the blessings that God has promised.

By His Grace,

Will Yancy

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